

VERMONT SUPPORT GROUPS

Support Groups for Care Partners

In-Person:

NEK Care Partner Support Group, 2nd Monday of each month at 2:00-3:30 pm

- 481 Summer Street, Ste 101, St. Johnsbury
- Facilitator: Karen Desrochers, kdesrochers@nekcouncil.org

Newport Care Partner Support Group, 4th Tuesday of each month at 3:30-5:00 pm

- Goodrich Memorial Library, 202 Main Street, Newport
- Facilitator: Suzi Dix, suzi.dix01@gmail.com (802) 673-9499

Rutland Care Partner Support Group, 2nd Tuesday of each month at 4:00-5:00 pm

- Allen Pond 71 Allen Street, Suite 403, Rutland,
- Facilitator: Claudia Courcelle, CCourcelle@chcrr.org, 802-345-6787

Townshend Care Partner Support Group, 1st Thursday of each month at 11:00-12:00 pm

- Grace Cottage, Townshend, 185 Grafton Rd, Townshend
- Facilitator: Claire Bemis (802) 365-3763

Williston Care Partner Support Group, 2nd & 4th Tuesday of each month at 5:00-6:00 pm

- Dorothy Alling Memorial Library, Williston, 21 Library Ln, Williston
- Facilitator: Mindy, moondog@burlingtontelecom.net

Woodstock Care Partner Support Group, 2nd Tuesday of each month at 12:00-1:00 pm

- Thompson Senior Center, 99 Senior Lane, Woodstock
- Facilitator: Carla Kamel email: ckamel@seniorsolutionsvt.org phone (802) 457-5414

Brattleboro Care Partner Support Group, 3rd Tuesday of each month at 3:00-4:15 pm (beginning 4/16/24)

- The Gathering Place, 30 Terrace St. Brattleboro
- Facilitators: Dawn Slade, dslade@gatheringplacevt.org or 802-254-6559, Carrie Desmarais, carrie@vernonhome.org

Charlotte Care Partner Support Group, 2nd Wednesday of each month at 4:00-5:00 pm

- Charlotte Senior Center at 212 Ferry Road in Charlotte.
- Facilitator: Susan Cartwright, cartwright.susan1@gmail.com

Virtual:

LGBTQ+ Care Partner Support Group, 2nd Thursday of the month from 3:30-4:30 pm

- Facilitators: Shay Mackay, shaymackay03@gmail.com or Melissa Greene, greene.melissa1@gmail.com

Vermont Telephone Care Partner Support Group, 2nd Tuesday of each month at 4:00-5:30 pm

- Facilitator: Zoe Brown, zbrown.alz@gmail.com

Care Partner with a Loved One with Early-Stage Dementia, Mondays from 12:00 - 1:00 p.m.

- Groups runs from October 3rd to November 21st.
- To register call our 24/7 Helpline at 800-272-3900

Care Partner with a Loved One with Middle-Stage Dementia, Mondays from 12:00 - 1:00 p.m.

- Groups runs from October 3rd to November 21st.
- To register call our 24/7 Helpline at 800-272-3900

Care Partner with a Loved One with Late-Stage Dementia, Mondays from 12:00 - 1:00 p.m.

- Group runs from October 17th to December 5th.
- To register call our 24/7 Helpline at 800-272-3900

Elderly Services Care Partner Support Group, 3rd Friday of each month from 12:00-1:30 p.m.

- Support Group Facilitators: Kristin Bolton, KBolton@elderlyservices.org or Eileen L., ELawson@elderlyservices.org

alz.org/vermont

24/7 Helpline: 800.272.3900

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Support Groups for those living with Dementia

In-Person:

Shelburne Support Group, 2nd Wednesday of each month at 2:00-3:00 pm

- The Residence at Shelburne Bay, 185 Pine Haven Shores, Shelburne
- Facilitator: Amy Croteau, 802-999-2333
amycroteau@residenceshelburnebay.com

[Click Here for Memory Cafe Offerings!](#)

The Alzheimer's Association provides training, continuing support, and education to Support Group Facilitators within these Memory Cafe's.

Virtual:

Support Group for People Living with Early-Stage Dementia, Tuesdays at 12:00 - 1 p.m.

- Group runs from October 4th to November 22.
- Facilitator: Meghan Lemay, mlemay@alz.org, 617-393-2156

Support Group for People Living with Early-Stage Dementia, Mondays from 4:30-5:30 pm

- Group runs from March 18th to May 6th
- Facilitators: Rebecca, Rebecca.Harder@uvm.edu and Meaghan, Meaghan.Feeney@uvm.edu

Support Group for Individuals living with Younger Onset Alzheimer's Disease, Mild Cognitive Impairment, or related disorders, Wednesdays 6:30-7:30 PM

- Group runs from March 6th to April 24th
- Facilitator: Abby, apalaza01@gmail.com

Time-Limited Support Group for People Living with Younger Onset, Wednesdays at 2:00-3:00 pm,

- Start date TBD
- To register, contact: Jo Cotto, jtcotto@alz.org 206-276-7172

**Interested in STARTING a support group in your community?
Call/email/text Jo Cotto at (206) 276-7172, jtcotto@alz.org**

alz.org/vermont

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