

## Springfield Medical Care Systems 2016 Community Health Needs Assessment - Update 6-1-19

### MENTAL HEALTH / SUBSTANCE ABUSE

- A Hope for Recovery event was held in Springfield in September, 2018. This event was in collaboration with Turning Point-Springfield, and other area agencies.
- Recruitment is underway for a new care coordinator position in the ED to focus on follow up care for mental health and SUD-related conditions with intensive linkages to community and practice-based services. This will be enhanced with recovery coaches from Turning Point Recovery Center.
- SMCS has plans to offer 8 tobacco cessation classes in the current BP grant year (18-19)
- SMCS promotes participation in WRAP and a full menu of self-management programs through social media, mailings and community meeting promotions
- SMCS and HCRS continue to have a shared BH/SUD Care Coordinator position and this collaborative work is ongoing
- Monthly meetings are held with HCRS at provider and administrator level to facilitate the most effective collaboration.
- As part of a SAMHSA grant shared by HCRS and SMCS, BH and Primary Care Services are being integrated across organizations including outreach to Springfield schools
- MAT expanded to SHC as of January 2019; plans to offer RAM (Rapid Access to MAT) are underway with new ED provider, with target start date of July 2019.
- The ACEs Collaborative group continues its monthly throughout 2018 showing films and conducting a community outreach campaign to raise awareness.
- Financial Assistance efforts are ongoing with informational brochures at every access point, posted to the website, and included in Welcome packets.

## Springfield Medical Care Systems 2016 Community Health Needs Assessment - Update 6-1-19

### OBESITY

- Our Lifestyle Medicine physician has been hired and is now seeing patients at Ludlow Health Center location and Springfield Health Center locations.
- A RN Care Coordinator helps support ongoing patient care and program adherence.
- Lifestyle Medicine Program Coordinator hired in February of 2019 developed strategic agenda for the Substance Use Disorder and Mental Health HRSA Grant – using an interdisciplinary approach for risk reduction of addiction, chronic diseases and mental health disorders.
- Employee Health Improvement Program (E-HIP) has been implemented for SMCS employees including strategies for behavior change, nutrition, exercise, sleep, meal planning, cardio foundations, and mindfulness.
- Collaboration with the Edgar May Health & Recreation Center continues working to initiate behavior change, healthy lifestyle choices, regular exercise to improve overall health.
- Continuous quality improvement work for obesity and co-morbid conditions of diabetes and heart disease is ongoing.
- Standard protocol to monitor BMI and intervene for elevated BMI in all patients implemented.
- Implemented complete health Improvement Program (CHIP) in April 2019 addressing obesity and chronic disease reduction and type 2 diabetes. This program is currently in operation at Springfield Health Center with plans to multiple sites within 18 months.

## Springfield Medical Care Systems 2016 Community Health Needs Assessment - Update 6-1-19

### ORAL HEALTH

- Grant funding being applied for to expand the Chester Dental Center, adding four additional operatories.
- Financial assistance program brochures updated and placed at every point of entry.
- The Guide to Fluoride Levels in Public Water Systems has been distributed to all offices.
- Fluoride varnish offered in Pediatrics and Family Medicine at Springfield Health Center.
- The School Dental Hygienist program, visiting children in area school systems, continues with success and has now expanded into additional schools in the region.
- Further collaborative educational and prevention efforts with area schools continues.
- Care Coordinators, SMCS Access Line services, and our collaborative efforts with Valley Health Connections all work on an ongoing basis to assist in accessing needed dental services.
- Collaborative efforts are underway with Springfield Library to offer the dental hygienist services at the library on Saturday to increase access to the public for children who may need care.