MENTAL HEALTH / SUBSTANCE ABUSE

- A Hope for Recovery event was held in Springfield in September, 2018. This event was in collaboration with Turning Point-Springfield, and other area agencies.

- Recruitment is underway for a new care coordinator position in the ED to focus on follow up care for mental health and SUD-related conditions with intensive linkages to community and practice-based services. This will be enhanced with recovery coaches from Turning Point Recovery Center.

- SMCS has plans to offer 8 tobacco cessation classes in the current BP grant year (18-19)

- SMCS promotes participation in WRAP and a full menu of self-management programs through social media, mailings and community meeting promotions

- SMCS and HCRS continue to have a shared BH/SUD Care Coordinator position and this collaborative work is ongoing

- Monthly meetings are held with HCRS at provider and administrator level to facilitate the most effective collaboration.

- As part of a SAMHSA grant shared by HCRS and SMCS, BH and Primary Care Services are being integrated across organizations including outreach to Springfield schools

- MAT expanded to SHC as of January 2019; plans to offer RAM (Rapid Access to MAT) are underway with new ED provider, with target start date of July 2019.

- The ACEs Collaborative group continues its monthly throughout 2018 showing films and conducting a community outreach campaign to raise awareness.

- Financial Assistance efforts are ongoing with informational brochures at every access point, posted to the website, and included in Welcome packets.
OBESITY

- Our Lifestyle Medicine physician has been hired and is now seeing patients at Ludlow Health Center location and Springfield Health Center locations.

- A RN Care Coordinator helps support ongoing patient care and program adherence.

- Lifestyle Medicine Program Coordinator hired in February of 2019 developed strategic agenda for the Substance Use Disorder and Mental Health HRSA Grant – using an interdisciplinary approach for risk reduction of addiction, chronic diseases and mental health disorders.

- Employee Health Improvement Program (E-HIP) has been implemented for SMCS employees including strategies for behavior change, nutrition, exercise, sleep, meal planning, cardio foundations, and mindfulness.

- Collaboration with the Edgar May Health & Recreation Center continues working to initiate behavior change, healthy lifestyle choices, regular exercise to improve overall health.

- Continuous quality improvement work for obesity and co-morbid conditions of diabetes and heart disease is ongoing.

- Standard protocol to monitor BMI and intervene for elevated BMI in all patients implemented.

- Implemented complete health Improvement Program (CHIP) in April 2019 addressing obesity and chronic disease reduction and type 2 diabetes. This program is currently in operation at Springfield Health Center with plans to multiple sites within 18 months.
ORAL HEALTH

• Grant funding being applied for to expand the Chester Dental Center, adding four additional operatories.

• Financial assistance program brochures updated and placed at every point of entry.

• The Guide to Fluoride Levels in Public Water Systems has been distributed to all offices.

• Fluoride varnish offered in Pediatrics and Family Medicine at Springfield Health Center.

• The School Dental Hygienist program, visiting children in area school systems, continues with success and has now expanded into additional schools in the region.

• Further collaborative educational and prevention efforts with area schools continues.

• Care Coordinators, SMCS Access Line services, and our collaborative efforts with Valley Health Connections all work on an ongoing basis to assist in accessing needed dental services.

• Collaborative efforts are underway with Springfield Library to offer the dental hygienist services at the library on Saturday to increase access to the public for children who may need care.