

## Springfield Medical Care Systems 2016 Community Health Needs Assessment - Update 6-1-17

### MENTAL HEALTH / SUBSTANCE ABUSE

- Collaboration with area Prevention Coalitions and Springfield's Project Action is ongoing. SMCS participated on panels in Rockingham and Springfield tied to public event screenings of the movie, "The Opiate Effect."
- SMCS is leading new collective impact effort with area partners focused on timely access to treatment and recovery services/identification and engagement in therapy.
- SMCS hosts a weekly syringe exchange services which includes screening for HIV and HCV and outreach for enrollment in substance use treatment.
- Since 10/1/16 SMCS has held 11 separate smoking cessation programs.
- SMCS participates in the collective impact "Project Action" initiative with representatives on its Prevention, Treatment and Recovery subcommittee.
- Information on VDH safe storage and disposal of unused medication is displayed and available at all SMCS practice sites
- SMCS and HCRS are in the process of creating a "behavioral health care coordinator" position staffed by HCRS and embedded in the SMCS CHT.
- Community Collaborative workgroup on access to behavioral health is in formation and will be participating in statewide peer learning lab.
- SMCS and HCRS are finalizing agreement and protocol for placement of HCRS case manager into SMCS CHT.
- SMCS convenes and facilitates area Adverse Childhood Experiences (ACEs) group.

### OBESITY

- RX for Exercise Program has been redesigned under the name, "Move to Improve", in collaboration with SMCS Community Health Team and Edgar May Health & Recreation Center.

- Continuous quality improvement work for obesity and co-morbid conditions of diabetes and heart disease is ongoing.
- Standard protocol to monitor BMI and intervene for elevated BMI in all patients implemented.
- Lifestyle coach has been hired and working from Ludlow Health Center location and plans include expanding to Springfield Health Center location. Also working on program development with area schools and the Edgar May Health & Recreation Center.
- Focus group on lifestyle management held in February 2017. Results under review and educational campaign will be developed regarding area resources.

## ORAL HEALTH

- Feasibility of making dental services available to other locations, possibly through a mobile unit, is under review.
- Financial assistance program brochures produced and placed at every point of entry. Smiles Campaign launched to help fund uncovered restorative expenses.
- Grant funding opportunities being explored.
- Guide to Fluoride Levels in Public Water Systems is being distributed.
- Fluoride varnish offered in Pediatrics and Family Medicine location. Further rollout in progress.
- Dental hygienist in area school systems has been implemented and highly successful.
- Working on further collaborative efforts with area schools.